



# Marlborough Public Schools

## Health Services

Dear Parent or Guardian,

### Postural Screenings

The Marlborough Public Schools will be conducting annual Postural Screening on all 5<sup>th</sup> - 9<sup>th</sup> grade students. Screenings at the Whitcomb Middle School will be conducted between **September 29 - October 6th**.

The purpose of this is to find early signs of possible spinal problems in children in grades 5-9. It is not a diagnostic service but a program to identify young people who should have further medical evaluation.

If your child has any unusual findings, you will be notified and asked to take the child to a physician as a precaution. The majority of students exhibit no findings. If nothing unusual is found, we will not be contacting you again until the screening next year.

If you do not want your child to participate in postural screenings at school, written documentation must be provided, prior to **September 29** to your **Physical Education Teacher**. If we do not receive written documentation from the parent or guardian, your child will be screened.

Female children are asked to bring a two-piece swimsuit or halter top and shorts to school the day of screening. This type of clothing permits more accurate observation of the back. If you have any questions please contact your school nurse.

Sincerely,

The Marlborough Public School Nurses

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### Postural Screening Opt-Out Notice

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*It is the policy of the Marlborough Public Schools not to discriminate on the basis of race, gender, religion, national origin, color, homelessness, sexual orientation, gender identity, age or disability in its education programs, services, activities, or employment practices.*

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